

CLINICAL MENTAL HEALTH COUNSELING

MASTER OF SCIENCE



The **Clinical Mental Health Counseling Program** at Cazenovia College is committed to preparing students to become informed and ethical practitioners, well equipped with tools for mental health counseling in individual, family, and group settings. Courses include those related to human growth and development, counseling theories, group dynamics, cultural foundations, assessment and appraisal, couples and families, substance abuse, clinical instruction, and internships. The program is structured to allow students to complete 60 credit hours of course work within two years.

STUDENT TESTIMONIALS

"My experience with clients was really enjoyable and helped build my confidence. Feedback in class enhanced my experience."

"This program far exceeded my expectations because of the professionalism, support, and excellence of the professors."

(From exit survey of 2021 graduates)



Named One of
"America's Best Colleges" by U.S. News & World Report

Founded in 1824, Cazenovia College is an independent, coeducational college, located in Cazenovia, New York, offering baccalaureate and graduate programs in the liberal arts and professional studies.

PERSONALIZED APPROACH

We believe that a client-centered career should involve a student-centered curriculum. The Clinical Mental Health Counseling program at Cazenovia is designed to provide individualized attention to all students, from their first classes through career advancement and licensure.

GRADUATE PROGRAM AT-A-GLANCE

Average Class Size: **15**

Convenient late afternoon, evening, and online classes

Two-year program completed in four terms

Term 1: August – January

Term 2: January – July

Term 3: August – January

Term 4: January – July

www.cazenovia.edu

For more information about the program or questions about applying, please email gradprograms@cazenovia.edu.

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SPECIAL FEATURES

- Earn your master's degree while continuing to work
- Affordable tuition
- No application fee
- No GRE required to apply
- Part-time graduate assistantships offered
- Opportunity for earning educational/training requirements for CASACT application

GRADUATE PROGRAM LEARNING GOALS

- Prepare students to specialize as clinical mental health counselors (CMHC).
- Provide students with the knowledge and skills to become competent CMHCs.
- Prepare students to understand the ethical issues related to mental health counseling.
- Provide students with the educational requirements to be eligible for NYS licensure as CMHCs.

CAREER POSSIBILITIES

According to the U.S. Bureau of Labor Statistics, New York is one of the states with the highest level of need for licensed mental health counselors. Employment of substance use disorder, behavioral disorder, and mental health counselors is projected to grow 25% by 2029.

Career Paths

- Clinical Mental Health Counselor
- Child and Family Treatment Therapist
- Mental Health Program Coordinator
- Licensed Mental Health Counseling (Private Practice)
- Veterans Counselor
- Clinical Case Manager
- Substance Use Disorder Counselor
- Victim's Advocate

CURRICULUM

The Clinical Mental Health Counseling Program is full time, requiring completion of 60 credits. The program is designed to be completed in two years. The curriculum is designed to lead to eligibility for licensure in New York state. The 60 credits include 24 credits of foundations of professional counseling, 21 credits of clinical mental health counseling courses, and 15 credits of clinical experience. The full course listing includes:

- Professional and Ethical Foundations of Counseling
- Career Development and Life Planning
- Lifespan Development
- Principles of Counseling
- Multicultural Counseling
- Foundations of Mental Health Counseling
- Diagnosis and Treatment Planning
- Advanced Counseling
- Group Counseling
- Practicum in Counseling
- Assessment in Counseling
- Counseling Special Populations
- Research Methods in Counseling
- Introduction to Family Therapy
- Crisis Counseling
- Topics in Counseling
- Internship in Mental Health Counseling

PRACTICUM AND INTERNSHIP SITES

Students will complete 15 credits of clinical experience, which includes 3 credits of practicum (100 hours of supervised counseling experience) and 12 credits of internship (600 hours of clinical experience). Some site examples include Helio Health, Liberty Resources, and

PROGRAM DIRECTORS

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